



## Results 3000m Steeplechase Men

START TIME  
20:46 31 MAY 2026

WORLD RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
AREA RECORD	8:00.09	MEKHISSI Mahiedine	FRA	Paris-St-Denis (FRA)	6 JUL 2013
AREA RECORD	8:00.45	JAGER Evan	USA	Paris-St-Denis (FRA)	4 JUL 2015
AREA RECORD	8:09.64	BEAMISH Geordie	NZL	Paris (FRA)	7 JUL 2024
DIAMOND LEAGUE RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
MEETING RECORD	7:56.68	EL BAKKALI Soufiane	MAR	Rabat (MAR)	28 MAY 2023
WORLD LEAD	8:08.10	KIRWA Geoffrey Kipkemoi	KEN	Azusa, CA (USA)	16 APR 2026

TIMING, RESULTS SERVICE &  
DISTANCE MEASUREMENT BY



TEMPERATURE  
22 °C

HUMIDITY  
81 %

CONDITIONS  
Sunny

Rank	Name	Nat	Date of Birth	Order	Result	Qual. Points	Qual. Ranking
1	EL BAKKALI Soufiane	MAR	7 JAN 1996	19	7:57.25 WL	8	1
2	RUPPERT Frederik	GER	19 FEB 1997	14	7:57.80 AR	7	2
3	KOECH Simon Kiprop	KEN	6 OCT 2003	11	7:59.44 PB	6	3
4	SEREM Edmund	KEN	27 DEC 2007	13	8:01.61 PB	5	4
5	WILKINSON Matthew	USA	27 DEC 1998	7	8:09.56 PB	4	5
6	BEN YAZIDE Salah Eddine	MAR	6 MAY 2003	16	8:10.64 SB	3	6
7	TINDOUFT Mohamed	MAR	12 MAR 1993	6	8:10.77 SB	2	7
8	ARCE Daniel	ESP	22 APR 1992	8	8:11.42 SB	1	8
9	EL MOSTAFA Faid	MAR	13 JAN 2000	12	8:11.64 PB		
10	DARU Nicolas-Marie	FRA	21 OCT 1988	4	8:11.81 SB		
11	KIBIWOT Abraham	KEN	6 APR 1996	9	8:12.39 SB		
12	FIREWU Samuel	ETH	3 MAY 2004	10	8:12.55 SB		
13	BEAMISH Geordie	NZL	24 OCT 1996	15	8:16.80 SB		
14	FOURMONT Baptiste	FRA	19 MAY 1999	1	8:18.46 SB		
15	BEDRANI Djilali	FRA	1 OCT 1993	3	8:28.03 SB		
16	JHINAQUI Mohamed Amin	TUN	2 APR 1997	2	8:32.18 SB		
	BOUASSEL Abderrafia	(PM) MAR	18 FEB 2001	18	DNF		
	CARABAÑA Nahuel	(PM) AND	10 NOV 1999	17	DNF		
	MIELLET Alexis	FRA	5 MAY 1995	5	DNF		

Intermediate times: 1000m 2:37.03 BOUASSEL Abderrafia (MAR)  
2000m 5:20.10 KOECH Simon Kiprop (KEN)

### Diamond League Qualifiers Standing After 1 of 6 Qualification Meetings

- EL BAKKALI Soufiane (8 Points), 2. RUPPERT Frederik (7 Points), 3. KOECH Simon Kiprop (6 Points)
- SEREM Edmund (5 Points), 5. WILKINSON Matthew (4 Points), 6. BEN YAZIDE Salah Eddine (3 Points)
- TINDOUFT Mohamed (2 Points), 8. ARCE Daniel (1 Point)





Results

# 3000m Steeplechase Men

START TIME

20:46

31 MAY 2026

Legend  
AR Area Record  
SB Season Best  
DNF Did Not Finish  
WL World Lead  
PB Personal Best  
PM Pacemaker

Website: [rabat.diamondleague.com](http://rabat.diamondleague.com)

Page 2 of 2

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